What is "Stripped"?

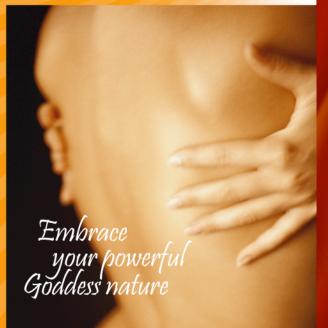
Stripped is an energy based fitness studio for women. All life is energy and all energy is either positive or negative. When we're born all we know and are is positive energy-Love. As we grow we experience and take in negative energy-Fear. Our approach to fitness transforms the physical, mental and emotional health of women.

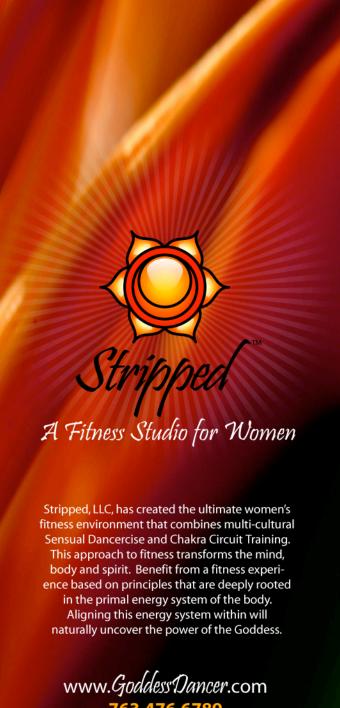
What is a Stripped Woman?
A Stripped Woman has stripped away all the

negative energies in her life. She's embraced her feminine power and Goddess nature.

Do You Want to Get Stripped?

Do you want to love exercising... Do you want to be physically, mentally and emotionally healthy... Do you want to feel, look and be beautiful? Then let's get Stripped! Strip away your negative energies and embrace your powerful Goddess nature.





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