

What is "Stripped"?

Stripped is an energy-based fitness studio for women. All life is energy and all energy is either positive or negative. When we're born all we know and are is positive energy-Love. As we grow we experience and take in negative energy-Fear. **Our approach to fitness transforms the physical, mental and emotional health of women.**

What is a Stripped Woman?

A Stripped Woman has stripped away all the negative energies in her life. She's embraced her feminine power and Goddess nature.

Do You Want to Get Stripped?

Do you want to love exercising... Do you want to be physically, mentally and emotionally healthy... Do you want to feel, look and be beautiful? Then let's get *Stripped!* Strip away your negative energies and embrace your powerful Goddess nature.



Embrace
your powerful
Goddess nature



Stripped™

A Fitness Studio for Women

Stripped, LLC, has created the ultimate women's fitness environment that combines multi-cultural Sensual Dancercise and Chakra Circuit Training. This approach to fitness transforms the mind, body and spirit. Benefit from a fitness experience based on principles that are deeply rooted in the primal energy system of the body. Aligning this energy system within will naturally uncover the power of the Goddess.

www.GoddessDancer.com

763.476.6789

design: **HOLOCOSMOS**



Stripped™

A Fitness Studio for Women